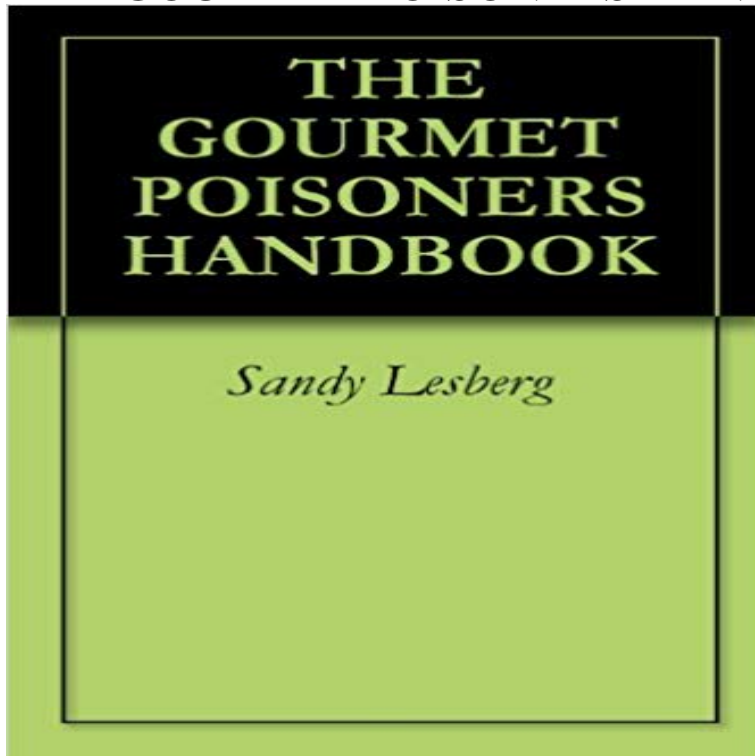


THE GOURMET POISONERS HANDBOOK



Sandy Lesberg has written 19 cookbooks, sharing food from all over the world. THE GOURMET POISONERS HANDBOOK is his 20th collection of recipes and he claims it will be his last. Part mystery story, part spoof of overly serious cookbooks, it purports to be dedicated to all those yearning to be free - of someone. It then offers 150 sauce recipes introduced by the statement that these recipes have not been tested. It is all in good fun, the recipes are assembled from his other cookbooks and are tasty and healthy. Here is the table of contents: INTRODUCTION (really an apology) I STOCKS AND SAUCES II MEAT SAUCES III POULTRY SAUCES IV SEAFOOD SAUCES V SPAGHETTI SAUCES VI VEGETABLE & EGG SAUCES VII DESSERT SAUCES

Given that the book carries the legend 150 tasteful ways to say goodbye, and has had some very convincing testimonials from satisfied readers, (on file for your perusal) all of whom have benefited from this unusual cookbook in ways that are stated very clearly - so many timely inheritances and so many desperately needed departures all emanating from so many kitchens - it is heartening to contemplate the hidden benefits of reading a good cookbook. This book started in London when Sandy was a quick fill in guest on a live TV program and asked to talk about his new cookbook. Not having one, he went on for 20 minutes about how to say goodbye to people with style, such as cyanide in the trout almondine, etc. Being live, the program rolled on, as did he; the host was aghast, the TV crew was rolling on the floor with laughter, and finally he was asked, what is this book called? And he blurted out, THE GOURMET POISONERS HANDBOOK. Twenty years later he now brings the book to fruition and to market, making it very clear that there is no cyanide, no poisons of any kind in the recipes and that he indeed has tested and

tasted all of the sauces in the book. This is first of all a cookbook from the founding director of THE MASTER CHEFS INSTITUTE, (Sandy) so the recipes are not only to be trusted but it is suggested that they be prepared in your kitchen with attention paid to the cooking instructions. But it is also a very funny book so it is offered to you as part entertainment and part 150 helpful recipes to make the dishes coming out of your kitchen more interesting, perhaps a bit more tasty, and certainly to provide a handy recipe guide when searching for just the right sauce for the right dish. It is not recommended that this book be casually left on display on your kitchen counter. For someone about to sit down for dinner and who is unfamiliar with the real innocence of this book, the title alone can be perhaps be a somewhat daunting experience..

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