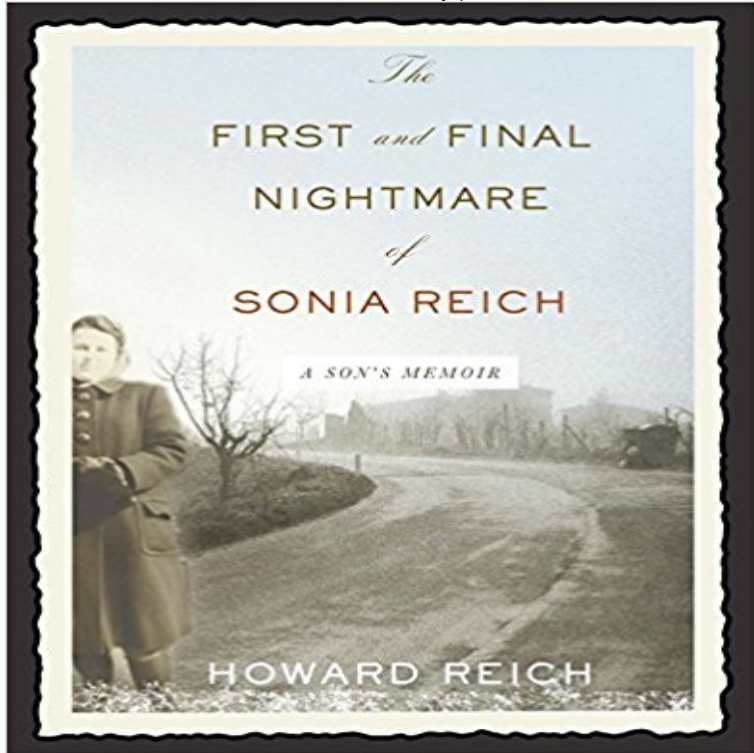


## The First and Final Nightmare of Sonia Reich: A Sons Memoir



On the evening of February 15, 2001, Sonia Reich, Howard Reich's mother, packed some clothes into two brown shopping bags, put on her gray winter coat, locked the door to her home in Skokie, Illinois and fled. Someone was trying to kill her, to put a bullet in my head, Sonia told anyone who would listen. Polish and Jewish, Sonia Reich had survived the Holocaust by staying always on the run. She and Howard's father, Robert, also a Holocaust survivor, had fled to America, moved to Chicago, and raised their young son to tell no one that they were Jewish. It was only after moving to Skokie, a town filled with Holocaust survivors, that his family would live as Jews. Still, his parents told Howard almost nothing about their past. The First and Final Nightmare is Reich's moving and bittersweet memoir of growing up in Skokie, discovering an odd and personal American freedom in jazz, and his riveting, revealing investigation into his family's past and the nature of his mother's illness, called late-onset Post Traumatic Stress Disorder. This is a poignant story of a mother and a son, a haunted past, and the irony of what may happen when that often repeated admonition to never forget becomes a curse.

A son's journey to understand his mother's illness also uncovers the long-hidden secrets of her past and a little-known phenomenon called late-onset Post Traumatic Stress Disorder. **Download The First and Final Nightmare of Sonia Reich: A Son's Memoir** The First and Final Nightmare of Sonia Reich has 96 ratings and 15 reviews. This is a wonderfully written memoir by the son of a Holocaust survivor. Deeply **The First and Final Nightmare of Sonia Reich - PublicAffairs** The First and Final Nightmare of Sonia Reich: A Son's Memoir The further we get from the Holocaust, the more the memoirs increase. It seems to be an **THE FIRST AND FINAL NIGHTMARE OF SONIA REICH A Son's Memoir** [Pub.59qk] Free Download : The First and Final Nightmare of Sonia Reich: A Son's Memoir PDF by Howard Reich : The First and Final Nightmare of Sonia. **Prisoner of Her Past: A Son's Memoir** The First and Final Nightmare of Sonia Reich: A Son's Memoir, by Howard Reich. New York: Public Affairs, 2006. 200 pp. \$22.95. For the most part survivors of **The First and Final Nightmare of Sonia Reich: A Son's Memoir** Feb 21, 2009 The First and Final Nightmare of Sonia Reich: A Son's Memoir. Howard Reich. Format: Hardcover. Language: English. Pages: 224. Publisher: **Audiobook The First and Final Nightmare of Sonia Reich: A Son's Memoir** Sep 30, 2011 He is the author of three other books: The First and Final Nightmare of Sonia Reich: A Son's Memoir (2006) Jellys Blues: The Life, Music, and **Download The First and Final**

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