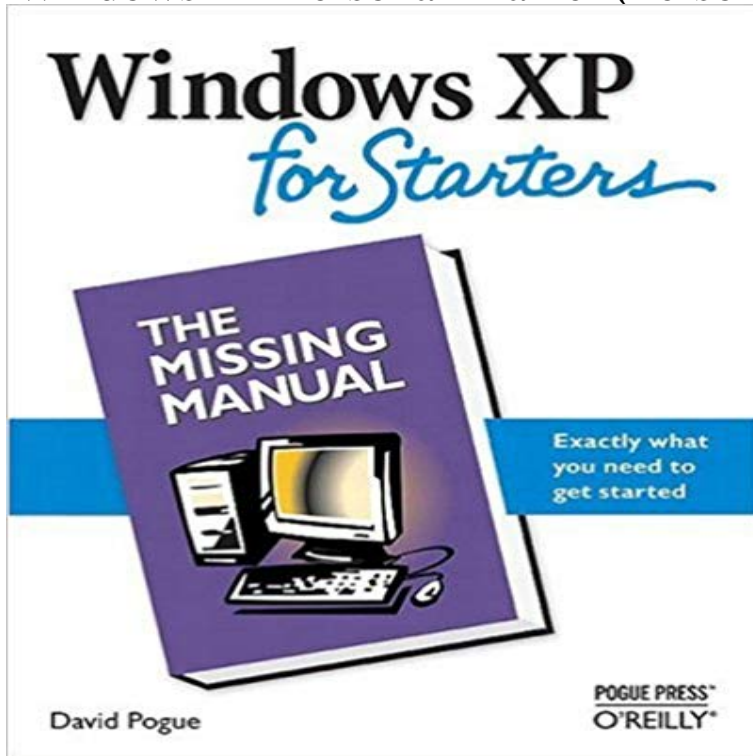


Windows XP Personal Trainer (Personal Trainer (O'Reilly))



The most widely used operating system in the world, XP is certainly the most reliable and best-looking version of Windows. But it comes with a baffling multitude of features and functionality that you'll struggle to understand--despite all of the hours you've logged with Windows 2000, Windows Me, 98 or 95. And if you're a beginner, where do you start? Windows XP Personal Trainer enables beginners and experts alike to become black belts, quickly and easily. This fully illustrated book takes a modular approach to learning, allowing you to start with the fundamentals and work your way to advance topics through dozens of task-oriented lessons--at your own pace. The companion CD tutorial guides you through each lesson interactively. With plenty of detailed diagrams, Windows XP Personal Trainer includes sections on: Working with Windows Using the programs included with Windows XP (such as Media Player) Organizing files and folders Modifying the taskbar and desktop Customizing Windows XP Optimizing and maintaining the operating system Exploring the Internet Networking with Windows XP If you already have experience with Windows XP, you can dive right into those topics (and only those topics) that you need or want to learn. Unlike many consumer software tutorials that dumb down the material or present it in a confusing fashion, Windows XP Personal Trainer is written in a non-technical and engaging style that you will find fun, easy, and most of all, clear and informative. You can become proficient without wading through tons of jargon and technical information. Part of our new Personal Trainer Series, this book is based on content from CustomGuide (www.customguide.com), a leading provider of computer training materials. Founded by instructors who grew

dissatisfied with the industrys dry course materials, CustomGuide offers courseware (for instructors and students), quick references, to software bulletins and e-learning courses that are fun, flexible, and easy to use.

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