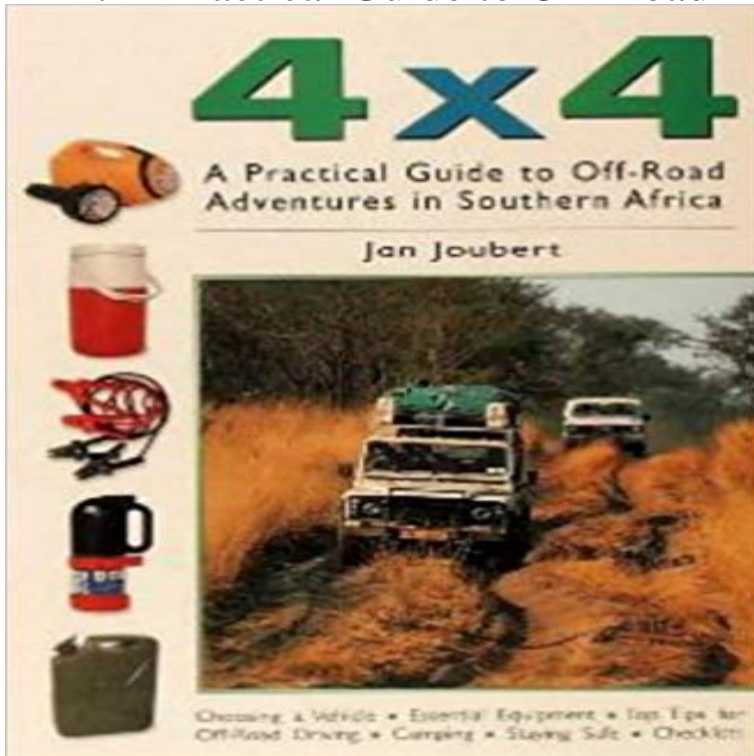


4X4: A Practical Guide to Off-Road Adventures in Southern Africa



This text is packed with practical information on how to plan and prepare for a successful 4x4 adventure in South Africa. Some of the aspects which are covered include planning your itinerary, which vehicle to buy (petrol or diesel), kitting out your vehicle, off-road driving, what to do when getting stuck, things that tend to break, camping equipment, choosing a campsite, clothing, cooking, safety, finding water, hygiene, first-aid and bush etiquette. It also provides detailed checklists for camping gear, vehicle parts and tools, as well as a personal checklist. For ease of reference, many of the technical aspects are clearly illustrated with sketches. To assist in planning, a sample budget and itinerary are provided, together with a sample route map marked with GPS co-ordinates showing landmarks and points of interest.

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