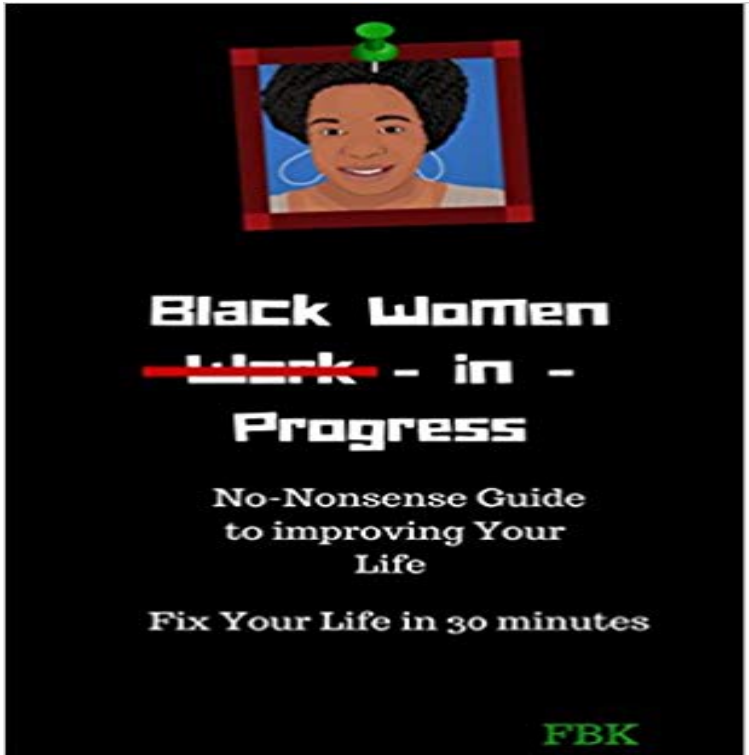


Black Women Work-in-Progress: No-Nonsense Guide to improving Your Life



Full of sass, soul, and written in a relatable tone, *Black Women Work-in-Progress: No-Nonsense Guide To Improving Your Life. Fix your life in 30 minutes*, is a self-help book that will guide black women on a journey to personal growth and self-awareness. This book will teach black women how to snatch (not grab) hold of some happiness, healthiness, greatness and goodness, and wear it out like a dance move. Each day black women weave and wig fly - flock to black churches, black womens conferences, and workshops. They fall into the arms of men that are not right for them, watch reality TV, or eat unhealthy meals - all in pursuit of happiness. Black women are searching. They are in need. They need to heal and reboot. They need a break from their hectic and often complicated lives. Black women need reminders that they are good enough, beautiful enough, talented enough, strong enough, powerful enough, worthy enough to accomplish their lifes dreams and to make the dash between their birth date and death date mean something. They need a hug. This book is a quick read and gives you a big hug.

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